



“Honduras’s best-known hotel and one that has single-handedly put the country on the eco-tourist map”
Conde Nast Traveller

Description of 7-night Ruins to Rainforest to Reef Package

	<u>Standard Cabin</u>	<u>Standard Plus Cabin</u>	<u>Superior Cabin</u>
May 1 – Dec. 20, 2010	\$1,358 (\$1,541)	\$1,468 (\$1,667)	\$1,564 (\$1,777)
Dec. 21 – Jan. 3, 2011	\$1,509 (\$1,714)	\$1,619 (\$1,840)	\$1,729 (\$1,966)
Jan. 4 – Apr. 30, 2011	\$1,468 (\$1,667)	\$1,592 (\$1,808)	\$1,702 (\$1,934)

Per person including gratuities, based on double occupancy.
 (\$ in parenthesis) – Price with all package taxes.
 Price is not guaranteed until reservation is made and deposit accepted.
 Standard cabin has either 2 double or 2 queen beds. Standard Plus cabin has air conditioning.
 Superior cabin has a single king bed and air conditioning.

Copan - 2 Nights

Greeting and drop-off at San Pedro Sula airport, transfers in an air-conditioned van, 2 nights at a hotel in Copan, 2 breakfasts, and full day of touring the ruins (all entrance fees included) with a bilingual guide.

Lodge at Pico Bonito - 5 nights

Airfare between San Pedro Sula and La Ceiba airports, greet and drop-off at La Ceiba airport, 5 nights in a secluded cabin with a private bath and veranda, 5 breakfasts, one lunch (part of white-water rafting activity), guided rainforest hike, and white-water rafting down the Cangrejal River.

Day of Snorkeling on the Bay Islands of Honduras

Transportation to/from the Bay Islands and a day of snorkeling with lunch.

Summary

2 nights room accommodations in Copan with breakfasts.

5 nights cabin accommodations at The Lodge at Pico Bonito with breakfasts.

2 lunches per person (white water rafting and snorkeling excursions).

Roundtrip van transfers 1) between San Pedro Sula airport and Copan and 2) between La Ceiba airport and The Lodge. (Surcharge for pick-ups after 8 pm and drop-offs before 5 am.)

Roundtrip air transfers 1) between San Pedro Sula and La Ceiba .

Guided tour of the ruins of Copan.

Guided rainforest hike.

Guided white water rafting trip.

Day of snorkeling on the Bay Islands.

Activity Descriptions

Ruins

Touring the Ruins of Copan

The extensive Mayan Ruins of Copán are stunningly beautiful and wonderfully preserved. These ruins gained international attention recently with discoveries of hidden tombs and buildings buried by the Mayans themselves. Tunnels let you go under the impressive ruins to see discoveries, explaining many mysteries of these ancient people (\$15 per person surcharge for access to the tunnels). Copán, known as the Athens of the Mayan world, is one of the most important Mayan ruins due to the exquisite detail of its carved stelae and well-preserved temples. Numerous smaller archeological sites provide further opportunities for exploration by foot and horseback. The new Copán Sculpture Museum is said to be the best of its kind in Central America.

Rainforest

The Lodge at Pico Bonito and Pico Bonito National Park

The Lodge at Pico Bonito, a member of Small Luxury Hotels of the World, is the best nature/adventure lodge in Central America. The Washington Post Travel Section listed it as one of the 10 hot international destinations to visit in 2004. Outside Magazine in its Traveler’s issue listed a visit to The Lodge as one of its 40 Dream Trips. In the New York Times Sunday Travel Section, it was part of the cover story on Wild Outposts in Central America, and can be read on-line at:

<http://query.nytimes.com/search/article-page.html?res=9B0DE4D71330F93BA25752C0A9629C8B63>

The Lodge consists of 22 cabins; a gourmet restaurant serving breakfast, lunch and dinner; a fully-stocked bar; landscaped outdoor pool; wildlife viewing towers and decks; a working commercial butterfly farm; a system of trails into one of the largest and pristine rainforests of Central America; and on-site naturalists and guides. Within minutes our guests can explore tropical jungles by horseback, canoeing amongst crocodiles, rafting class IV rapids or simply bathing beneath cascading waterfalls. The Lodge is designed for both the leisure traveler wanting relaxation in a spectacular setting and the adventure traveler looking for challenging activities and excitement.

Bordering The Lodge at Pico Bonito is the Pico Bonito National Park, Honduras' largest and most beautiful national park with over 100,000 hectares of virgin rainforest and cloudforest. Seven different ecosystems exist within its borders. The Park is home to over 300 species of birds as well as jaguars, tapirs, deer, puma, white-faced and spider monkeys. Mountain rivers and streams provide wonderful opportunities for swimming in deep crystal clear natural pools and under small waterfalls. It is possible to visit virgin rainforest and crystal clear swimming holes all within a short walk from The Lodge.

Guided Rainforest Hike

This excursion crosses the Corinto River and takes our guests through coffee and cacao plantations before entering the Pico Bonito National Park. Almost immediately you enjoy excellent bird watching. As the hike continues into the tropical cloud forest, the foliage thickens and the going gets slower but our guests are rewarded with great wildlife sighting opportunities. The hike's ultimate objective is Unbelievable Falls, a spectacular double drop waterfall that descends almost 100 feet into a huge and irresistible swimming hole. The more adventuresome can scurry up the rocks and swim in a pool between the two drops. This guided hike lasts about 4 hours.

White Water Rafting along the Cangrejal River

The Río Cangrejal is one of Central America's most accessible and beautiful rivers. Flowing from the depths of the cloud forests of the Pico Bonito National Park down to the Caribbean Sea, the 20-mile river has become known as a world-class whitewater destination. With rapids ranging in difficulty from class II to class V, the Cangrejal River offers something for everyone from the first time rafter to experienced kayak enthusiasts. Generally the river runs highest from September to February, but is runnable almost all year.

Cuero y Salado Boating Trip (Instead of White Water Rafting or for an Additional Charge)

Named for two rivers that feed this estuarine mangrove forest wildlife refuge, the Cuero y Salado Wildlife Refuge is famous for its abundant wildlife and birding opportunities. Your trip into the refuge starts on a narrow gauge rail car that takes you to the river's edge. From here motorized skiffs and canoes are available for guided tours through the complex of estuaries and mangrove forests where one can expect to see howler and white-faced monkeys, iguanas, crocodiles, dozens of species of birds, and -with a little luck- manatees.

Reef

Snorkeling on the Bay Islands

Honduras' Bay Islands have been long known as one of the premier dive and sailing locations of the world. The islands offer unparalleled coral reefs and white sand beaches and are the perfect complement to a stay in the rainforest. The Lodge offers a great snorkeling trip to the Bay Islands' Cayos Cachinos. A true paradise, the Cayos Cochinos is a group of 15 small, remote keys located about 9 miles north of the Honduran mainland and due south of the larger Bay Island of Roatan. The Cayos Cachinos and its surrounding coral reef is a biological reserve and is managed by a private NGO which operates a research station on one of the larger keys. The Cayos is reached by a 26-foot outboard motor boat or "lancha", and takes about 45 minutes in calm seas. The snorkeling trip includes lunch at a Garifuna village.